



Mountain Lakes School District

96 Powerville Road - Suite 1
Mountain Lakes, NJ 07046
973-334-8280

Dear Parent or Guardian:

The State of New Jersey Department of Education revised the New Jersey State Learning Standards in Comprehensive Health and Physical Education in 2020. We value the importance of partnering with families as we educate students in the knowledge and skills they need in order to lead a healthy, active life.

We invite you to examine and discuss this information with your child prior to these instructional units at school; specifically, the content related to family life education. The curriculum is available on the district website for your review. You are also welcome to contact your child's Health and/or Classroom Teacher to determine the timeframe in which the content will be taught to the class.

It is important to mention that topics taught are dependent on the student's grade level. The [NJSLs Comprehensive Health and Physical Education](#) standards are framed according to grade band so that units and lessons can be developed according to appropriate child age development. The Mountain Lakes School District acknowledges that parents/guardians are the primary family life educators for their child/children and we are committed to partnering with you to provide supplementary resources to support you in this role.

Although we encourage families to have their student participate in these essential health topics, we want to acknowledge that Parents/Guardians **have the option of excluding their child from any portion of sexuality/family life education instruction if it is in conflict with conscience, moral, or religious beliefs**. Please see the appropriate NJ statute below. If this is the case with your child, please fill out the exclusion form below, tear it off, and send it to your child's health education teacher. Students who are excused will be assigned to a separate classroom for the identified lessons.

N.J.S.A.: 18A:35-4.7: Parent's statement of conflict with conscience: Any child whose parent or guardian presents to the school principal a signed statement that any part of the instructions in health, family life education or sex education is in conflict with his conscience, or sincerely held moral or religious beliefs shall be excused from that portion of the course where such instruction is being given and no penalties as to credit or graduation shall result therefrom.

Sincerely,

Name of Principal



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I wish for my child, _____, to be excused from the following topics of the family life/sexuality education unit due to moral, ethical and/or religious beliefs:

Parent/Guardian Signature

Date

Student's Health Teacher
